

Level Up is a floor time play group that promotes development by encouraging children to interact with caregivers and others through floor time play.

It encompasses concepts from our ECCo, Making Sense and Building Connections training programs all into one therapeutic and educational approach benefitting both child and caregiver.

Through many years of practice, we know that floor time intervention help children reach milestones in their motor, cognitive play and social- emotional development.

Level Up has firm foundations in the DIR Floortime Framework developed by Dr. Greenspan.

There are 3 level Up groups:
Each group is structured to achieve developmental milestones

Level Up 1

Babies presenting within developmental stages related to age 2 to 9 months

Level Up 2

Toddlers presenting within developmental stages related to ages 10-24 months

Level Up 3

Toddlers 2-3 1/2 year olds